

“Serious health condition” - First visit to a doctor must occur within 7 days of start of incapacity and must be “in person.” The new regulations also define “periodic visits to a health care provider” for chronic serious health conditions as *at least two visits to a health care provider per year*. These provisions should help employers to decide whether or not an employee has a qualifying serious health condition, and will also help employees establish such a condition through appropriate medical certification.